

JEFFERSON COUNTY

4-H BOOK GUIDELINES

COMPLETING YOUR 4-H BOOK

It is suggested that your 4-H book be in an expandable 4-H Book Cover. These can be purchased at the Extension Office for \$3.00 each. You may also use a three-ring binder. Previous year records can remain in your book; put your new records on the top. Previous year's records will not be part of the evaluation process.

MUST include and in this order: (check or initial each item) You may recreate these forms as long as the information is the same.

1. _____ Introduction Page with picture of **yourself**.
2. _____ My 4-H Story – see guidelines for help in writing.
3. _____ Calendar of events participated in.
4. _____ Project sheet for at least one project you are enrolled in. (ALL ANIMAL Record books can be substituted.)
5. _____ Pages of pictures, newspaper clippings, drawings etc. Choose a variety of things to include covering your entire 4-H year.

Things to remember:

- Include a picture of yourself on the front page.
- This is a record of your 4-H year.
- Please be concise when choosing what to include in your book.
- Be sure that you have all necessary signatures (member, parent/guardian, CLUB leader).
- Set goals early and complete your Calendar of events as you go.
- Attend a 4-H Book training meeting to better understand how to complete your book.

DO NOT include:

- Actual awards or projects
- Ribbons
- Certificates or Booklets
- Non 4-H information and pictures or awards.

INTRODUCTION PAGE

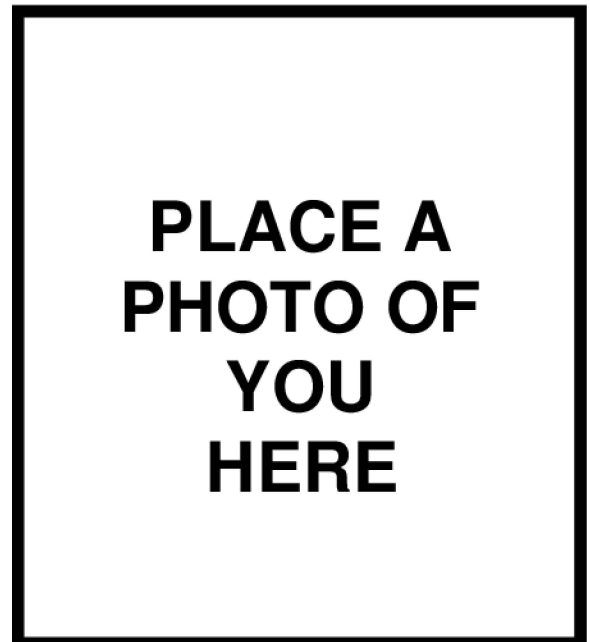
Name _____ Years in 4-H _____ Birth Date _____

Address: _____

Grade: _____ Name of School Attended _____

Name of 4-H Club _____

Projects Taken This Year:



If submitting through Seamless Docs online use the paperclip on the left to attach.

I have personally prepared this report and certify that it accurately reflects my work.

Date: _____ 4-H Member Signature: _____

We have reviewed this report and believe it to be correct:

Date: _____ Parent / Guardian _____

Date: _____ Club General Leader: _____

4-H Story

Please summarize your 4-H year, below are suggestions listed to help tell your story. Pick one or all.

1. Explain your favorite club activity.
2. What 4-H offices did you hold in your club?
3. What committees did you serve on?
4. Were you able to help other members?
5. Identify your favorite community service activity & how did you help others during this activity?
6. Did you attend any county or statewide 4-H events? If so, what did you learn?
7. Explain how have shared your 4-H learning experiences with others.
8. What can you do to make your 4-H experience even better next year? (i.e. goals of plans for next year)

CALENDAR OF PARTICIPATION

Month	Club Meetings In this box write if you attended your club meeting AND what role you played (lead activity, made motion, officer role, participation in activity).	Activities, Projects, Events, Other Outside of your club meetings keep track of other 4-H meetings, events, and activities you attended throughout the past year. Include information about what you talked about or learned. Include participation at the club, county, state, and national level as it relates to the 4-H program.
October		
November		
December		
January		
February		

March		
April		
May		
June		
July		
August		
September		

Club Meeting Participation: Total Number of Club Meetings Held: _____ Number I Attended: _____

JEFFERSON COUNTY PROJECT RECORD SHEET

(For use with all projects. Any Animal Projects with special record sheets may be substituted.) Please complete both sides of this form.

Project: _____ Years in Project: _____

1. Project Goals – what are some things I would like to do and learn in my project this year?

1.
2.
3.

2. What did you accomplish? Look at things you wanted to do and learn listed above. Was there something you were not able to accomplish and why?

3. Project Meetings:

Number of **CLUB** project meetings held: _____ Number I attended: _____

Other project learning related meetings or events I attended were (county, state, community):

4. List items you made or animals you cared for during the project year. Tell something about what you learned with each item. These can be things you exhibited at the Fair or anything you did related to the project area.

Animal or Item Made and Brief Description	Something You Learned

5a. Non-Animals Items use: Looking at the items in number 4, how did you use the things that you made (gifts, sold, consumed, etc.).

5b. Animals (sold, process, breed)

6. Equipment and Supplies: Why type of equipment or supplies did you use for this project this year?

7. Overall Project Experience – Not Goal Related

a. Describe something special about your project this year.

b. Tell about one thing you learned this year from this project.

c. If you are planning on taking this project next year, what are you looking forward to next year? If you're not, why?

To complete additional project record sheets please complete them here: <https://seam.ly/I7Atwnib>