

MANGO SALSA

INGREDIENTS

- 1 MANGO (PEELED, PITTED AND DICED (OR 1 CUP THAWED FROZEN CHUNKS))
- 1 TABLESPOON ONION, RED (DICED)
- CILANTRO (1 TABLESPOON, OPTIONAL, FRESH OR DRIED)
- 1/4 TEASPOON SALT
- 2 TABLESPOONS LIME JUICE (BOTTLED OR FRESH)

DIRECTIONS

1. COMBINE ALL INGREDIENTS IN A BOWL.
2. SERVE WITH BAKED WHOLE GRAIN TORTILLA CHIPS OR TOP IT ON GRILLED CHICKEN.

SOURCE: EATFRESH.ORG

